

## Benchmarks for Transition

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The benchmarks consist of eight factors which focus on achieving the overall outcome, 'young people and their parents/carers experience timely and effective transition'. The factors include: 1) moving to manage a health condition as an adult, 2) support for gradual transition, 3) co-ordinated child and adult teams, 4) services 'young people friendly, 5) written documentation, 6) parents, 7) assessment of 'readiness' and 8) involvement of the GP. Each of the eight factors has a statement of best practice and poor practice and a list of associated indicators (examples) of best practice.

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For further information, you are encouraged to visit the academic pages regarding these benchmarks at: <http://transitionstudy.co.uk/>

### References

1. Gibson, Rose, Pettigrew, Cass, Ellis, Aldiss(2015) , <http://www.ncbi.nlm.nih.gov/pubmed/26209172>, Journal of Pediatric Nursing, 30 (5), 638-647

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