

## PPP - for use by family carers

The Paediatric Pain Profile is a pain assessment tool for non-verbal children with severe and complex disability. The tool incorporates a validated 20-item behaviour rating scale with scores ranging from 0 to 60. In early studies, scores of 14 and over have been associated with moderate or worse pain. The tool emphasises the need for partnership between parent and professional in assessing and managing children's pain. This licence covers use of PPP by family carers.

Paediatric Pain Profile personal use



The licence offered on this page allows for personal use of PPP by family and friends but excludes use by professional carers. To use the PPP tool in a professional caring capacity, please access from the following page:

<https://xip.uclb.com/product/ppp>

The PPP tool is available for download as a PDF document. If you wish to download the tool, please read our Terms & Conditions by selecting 'View Terms' on the left-hand side of this screen before proceeding.

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### Product Description

Severe physical and learning impairment is a feature of many chronic and disabling conditions in children. These children have many potential sources of pain. Pains may arise from the disease process itself (e.g. neuropathic pain or muscle spasm), be secondary to the disease (e.g. musculoskeletal pain or pain from reflux oesophagitis) or incidental (e.g. a toothache or otitis media). However, because the children have difficulty in communicating their pain it can go unrecognised and untreated. It is the child's behaviour often, rather than their verbal report, which has to be interpreted to determine if they have pain. Because it can be difficult sometimes for parents and for health care professionals to distinguish which behaviours do indicate pain and to follow the progress of pain relieving treatments, we have developed a pain assessment scale specifically for this population of children.

The scale consists of 20 types of behaviour each rated on a 4 point scale (0-3) according to the extent to which a behaviour occurs within a given time frame (from "not at all" to "a great deal". The total score will range from 0 to 60.

We have 'packaged' the scale along with other forms which may be used in documenting the context of the behaviours and actions taken, for instance, it is helpful to record on the "baseline" how the child behaves "at their best" or "on a good day".

Translations into Urdu, Punjabi, Norwegian, Danish, Italian and German are also made available for download by licensed users. Some other language translations might be available from the authors. Please contact us using the button in the sidebar to enquire about other translations.

For further information about the PPP tool, please visit the [PPP website](#).

### References

Category  
Healthcare Tools

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