



## Food Preference Questionnaire (FPQ) for Children

**The Child Food Preference Questionnaire (CFPQ) is a caregiver-reported psychometric tool for paediatric populations to measure food preferences in the UK**

The Child Food Preference Questionnaire (CFPQ) is a caregiver-reported instrument to assess six categories of food preferences in children (>3 years onwards) in the UK. It is an 84-item questionnaire with six subscales which are internally valid and have good test-retest reliability. The food items are grouped into six internally reliable and logical categories: vegetables, fruits, meat/fish, dairy, snacks, and starches.

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### References

1. Fildes A, van Jaarsveld CHM, Llewellyn CH, Fisher A, Cooke L, Wardle J (April 2014), <https://doi.org/10.3945/ajcn.113.077867>, The American Journal of Clinical Nutrition, 99, 911-917

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