

## Child Eating Behaviour Questionnaire (CEBQ)

Category

Healthcare Tools

**The Child Eating Behaviour Questionnaire (CEBQ) is a psychometric tool for paediatric populations to measure appetitive traits.**

Learn more

The Children's Eating Behaviour Questionnaire (CEBQ) is a validated parent-rated instrument to assess eight dimensions of eating style in children. It is a 35-item instrument with eight scales which are internally valid and have good test-retest reliability. The 8 subscales include responsiveness to food, enjoyment of food, satiety responsiveness, slowness in eating, fussiness, emotional overeating, emotional undereating, and desire for drinks. The CEBQ provides a useful measure of eating style for research into the early precursors of obesity or eating disorders. This is especially important in relation to the evidence for the heritability of obesity, where good measurement of the associated behavioural phenotypes is crucial.



An adapted version of the CEBQ exists (the CEBQ-T) to measure appetitive traits in toddlers during the weaning phase as they transition to solid foods.

Please note that translated versions of Child Eating Behaviour Questionnaire (CEBQ) are available for academic licences. For more details, please contact us via the "Contact us" section.

### Placing an order on XIP

To license this product, please select the **appropriate licence option** on the right-hand side of this page. Terms can be previewed from the "Preview terms" link.

To place an order, please locate the [Sign-in](#) or [Register](#) options on the top right side of this page. You can either sign in to your existing account or register for a new now. **Please note that your account should be created using your academic/ institutional e-mail address.**

Before completing an order and accessing the material, each order requires prior authorization, with processing times varying depending on the product.

For additional guidance on how to create an account and place an order, refer to the [FAQs](#).

### References

1. Wardle, Jane, Guthrie, Carol Ann, Sanderson, Saskia, Rapoport, Lorna (08 October 2003), <https://doi.org/10.1111/1469-7610.00792>, The Journal of Child Psychology and Psychiatry, 42, 963-970