



# Baby Eating Behaviour Questionnaire (BEBQ)

Category

Healthcare Tools

**The Baby Eating Behaviour Questionnaire (BEBQ) Concurrent version is a psychometric tool for infant populations to measure appetitive traits during the period of exclusive milk-feeding.**

The Baby Eating Behaviour Questionnaire (BEBQ) is a parent-report psychometric measure of infant appetite during the period of exclusive milk-feeding. It is the first standardised measure of infant appetite designed to characterise appetitive traits that might confer susceptibility to excess weight gain. It is an 18-item instrument with four scales which are internally valid and have good test-retest reliability. The four included subscales include 'enjoyment of food', 'food responsiveness', 'slowness in eating' and 'satiety responsiveness'. A single additional item assessing 'general appetite' correlates with all of the subscales.

A concurrent version exists which requires the parent/caregiver to report on current behaviours. The retrospective version has an identical factor structure but items have been amended to measure eating behaviours in the past.

## Highlights

- A parent-report psychometric measure of appetite for exclusively milk-fed infants.
- There are 4 scales that are internally reliable across many sub-groups of infants.
- A single item correlates with all 4 scales measuring 'general appetite'.
- A research tool for assessing weight-related appetitive traits during 0-3 months.

Please note that translated versions of Baby Eating Behaviour Questionnaire (BEBQ) are available for academic licences. For more details, please contact us via the "Contact us" section.

## Placing an order on XIP

To license this product, please select the **appropriate licence option** on the right-hand side of this page. Terms can be previewed from the "Preview terms" link.

To place an order, please locate the [Sign-in](#) or [Register](#) options on the top right side of this page. You can either sign in to your existing account or register for a new one. **Please note that your account should be created using your academic/ institutional e-mail address.**

Before completing an order and accessing the material, each order requires prior authorization, with processing times varying depending on the product.

For additional guidance on how to create an account and place an order, refer to the [FAQs](#).

## References

1. Llewellyn, C. H., van Jaarsveld, C. H., Johnson, L., Carnell, S., & Wardle, J.(October 2011) , <https://doi.org/10.1016/j.appet.2011.05.324>, Appetite, 57, 388-396